

Resource Links:

British Columbia

<https://www.lawsociety.bc.ca/for-lawyers/lawyer-well-being-hub/>
<https://www.lapbc.com/>

Alberta

<https://www.lawsociety.ab.ca/resource-centre/key-resources/well-being/>
<https://lawyersassist.ca/>

Saskatchewan

<https://www.lawsociety.sk.ca/members/health-and-wellness/>

Manitoba

<https://lawsociety.mb.ca/for-lawyers/supports-for-lawyers/health-wellness/>
<https://lawyerstrong-mb.ca/>

Ontario

<https://lso.ca/lawyers/well-being-resource-centre>

Quebec

<https://www.barreau.qc.ca/fr/membres-ordre/ressources/soutien-programmes-aide/bien-etre-psychologique/>
<https://www.barreau.qc.ca/fr/membres-ordre/ressources/soutien-programmes-aide/programmes-soutien/programme-aide-membres-barreau-pamba/>

New Brunswick

<https://nb-cba.org/resources/well-being-and-lawyer-assistance/>
<https://nb-cba.org/resources/well-being-and-lawyer-assistance/new-brunswick-lawyers-assistance-program/>

Nova Scotia

<https://nsbs.org/for-lawyers/practising/practice-support-and-resources/>
<https://nslap.ca/>

PEI

<https://www.pe-cba.org/resources/well-being-and-lawyer-assistance/>

Newfoundland

<https://lsnl.ca/lawyers-students/wellness-program/>

Yukon

<https://lawsocietyyukon.com/for-the-lawyer/wellness-lawyers-assistance-program/>

NWT

<https://lawsociety.nt.ca/for-lawyers/lawyers-assistance-program/>

Nunavut

https://www.lawsociety.nu.ca/en/nunavut-lawyer-assistance-program-nulap?language_content_entity=en